



Welcome to Valencia WOPPLES

2025-2027 edition

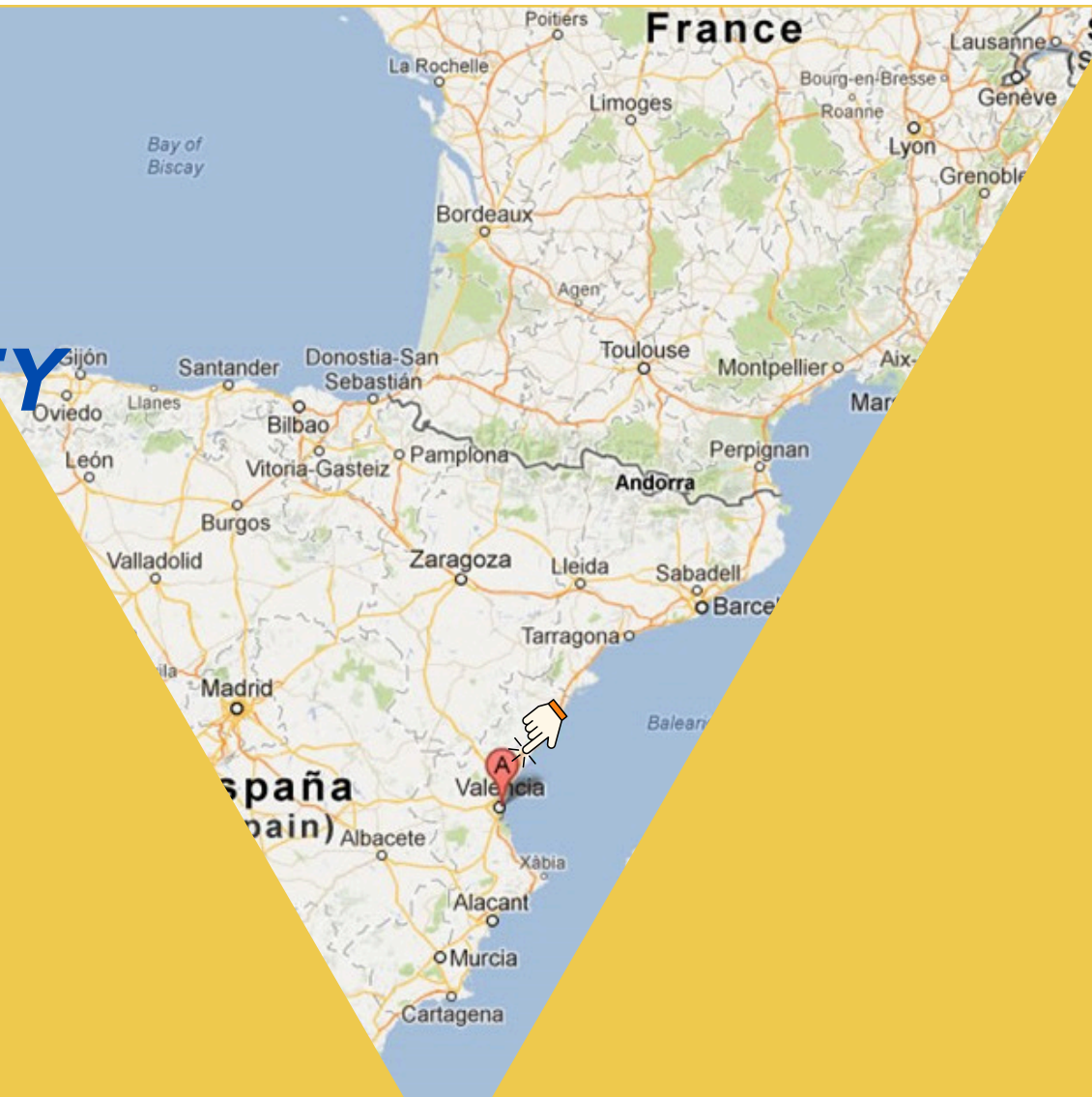
Presented by the Peer Mentorship Program Board 2026-2027

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Introduction

ABOUT THE CITY



Valencia is the third largest city in Spain with an estimated population of 800,000 inhabitants. It is the capital of the autonomous community and province of Valencia. Being located on the east coast of Spain, it lies on the side of the Mediterranean sea. Its port is the sixth largest in Europe. Compared with other Spanish cities it is a very green area particularly due to the Turia river that once bisected the metropolis but was diverted after several flooding in the 1950s, the remaining river bed was transformed into an extensive park with sport field, cycle paths and playgrounds.

Named after the Latin word for “valour” (“strength”), Valencia was founded by Roman soldiers in 138 BC and underwent many changes in the thousand years that followed. During the Muslim era, it was named Medina bu-Tarab, meaning ‘City of Joy’, but its original name was restored after the Reconquista.

There are two official languages at the Comunidad Valenciana, Spanish and Valencian. Valencian is spoken by around 40% of locals. Beside a rich local culture, Valencia has a great international influence with an increasing number of expats and Erasmus students. Valencia is known as a very safe city – both at day and night – with low rates of crime in all areas. Existing crimes are rated rather low such as robbery or drug related crime.

Introduction

ABOUT THE CLIMATE



Valencia enjoys a Mediterranean climate with, on average, 217 sunny days and just 44 days of rain each year, which averages several rainy days per month, ranging from 1 in July to 5 in October. Valencia has long and hot summers and mild winters. Compared to the rest of Spain, such as Madrid, the sea breeze keeps the climate mild.



During the warmest months of summer, July and August, the maximum temperature during the day typically ranges from 28 to 32 °C (82 to 90 °F), about 21 to 23 °C (70 to 73 °F) at night. During recent heatwaves, the city's temperature can get up to around 42°C (e.g., July 2022). On top of this, the city can go for weeks without rain, wherefore most Spaniards travel north for their summer holidays!



It barely rains in Valencia, but when it does, be prepared! When the maximum of precipitation occurs in Autumn, coinciding with the time of the year when cold drops (gota fría) episodes of heavy rainfall, associated with cut-off low pressure systems at high altitude, the city faces risks of flooding. Buildings and infrastructure are poorly prepared for heavy rain.



December, January, and February are the coldest months, with average temperatures around 17 °C (63 °F) during the day and 8 °C (46 °F) at night. Snow is extremely rare. Humidity in winter, together with a sea breeze, however, may let you experience the temperature colder than it is. This is no big concern, but as walls are usually built rather thin, keep in mind to either get an apartment with heating, buy a heater when being there or bring warm clothes!



As you'd expect from somewhere with this weather, there are plenty of popular beaches and outdoor spaces in Valencia. Everything remains fairly green too, particularly in the hilly areas that surround the city.

Introduction

ABOUT THE UNIVERSITY

The University of Valencia (valencian: Universitat de València), also known as UV, was established in 1499 and is thereby one of the oldest surviving universities in Spain. It is regarded as one of Spain's leading academic institutions and has over 65.000 students.

The faculty of Psychology (Valencian: Facultat de Psicologia i Logopèdia), is located here:



**AV. DE BLASCO IBÁÑEZ, 21,
46010 VALÈNCIA, SPAIN**



When you arrive at a building, that you think could need some restauration, you successfully found the ways to our campus! You can find parking spots for (motor) bikes and a Valenbisi station just beside.

Usually the WOP Classes are on the third floor. As you enter take the right and you will see staircase.

At the campus we have facilities like cafeteria, vending machines (great coffee), a library, lunch area and so on.

For more information go on the university's website



<https://www.uv.es>

FACULTAT DE PSICOLOGIA I LOGOPEDIA



Preparing for Spain

VISA



How can I get a VISA as a Non-European?

BEFORE ENTERING SPAIN

Acquiring a student VISA may seem like an overwhelming process, but taking one step at a time makes it all very simple. The application is usually submitted (in person) to the Spanish Embassy in your country. The requirement documents typically include the following:

- Completed Application Form
- A Passport-size photo
- Valid Passport
- Proof of Acceptance (Letter of Acceptance from University)
- Proof of Financial Means (Scholarship letter, banking information, etc.)
- Health Insurance
- Criminal Record Check Certificate
- Medical Certificate
- Proof of Residence (e.g., Contract from Landlord)
- Proof of Representative
- Payment of the VISA Fee.

IMPORTANT NOTE

Some of these documents must be translated into Spanish and stamped with the "Hague Apostille".

- The University will provide a Spanish version of acceptance letters, scholarship letters, and the insurance policy
- The Criminal Record Check Certificate and Medical Certificate need to be translated into Spanish and stamped with the Hague Apostille
- The Proof of residence should also be in Spanish

ALL DETAILED INFORMATION

Official website of Ministerio De Asuntos Exteriores, Union Europea Y Cooperacion. Link to Study VISA:

<https://www.exteriores.gob.es/Consulados/losangeles/en/ServiciosConsulares/Paginas/Consular/Visado-de-estudios.aspx>

FINAL NOTE

Be sure to consult the Spanish Embassy in your country regarding the information for the process and required documents.

Preparing for Spain

DOCUMENTATION & PACKING

How to get the Spanish Residence Permit?

Once you arrive here, you have to get a Spanish Residence Permit within 90 days. The University, especially Emiliano, will help you with the process and provide you with complete details so you don't need to worry. This is really important document for your stay in Europe.

Is an additional VISA for the mobility period in Italy or Portugal required?

Neither for Portugal (University of Coimbra), nor for Italy (University of Bologna) a Visa is required as your study period will be shorter than 6 months (5 months).

What do I need to bring?

Clothing

In September and October it is still quite warm, so make sure you pack summer clothes. From November to February it gets colder (although never below 10 degrees), so it is definitely recommended to bring winter clothes, especially because it can get quite chilly in the flat (poor insulation).

If there is something you are missing once you arrive, Do not worry, Valencia has many stores for you to stock up on everything you may need.

DO NOT FORGET!

- ID/ Passport
- Original Bachelor certificate and all other relevant documentation
- AON Insurance Card
- European Adapter for plugs
- Specific medicine you rely on from home.
- Some Cash with you until you get an account.



Although we recommend packing all necessary stuff, be smart with packing as well, as you have to move around later, and within Europe, moving luggage can be expensive.

Preparing for Spain

What to arrange before arriving

Should I book accommodation before arriving?

If possible, make sure that you arrive on the same day that your rental contract starts, so you can settle in smoothly. If not possible, book a temporary accommodation for the transition time. Never transfer money without verifying the listing and terms.

Should I get a Spanish SIM card?

For EU students this is no problem, since your home plan works regularly and without additional costs in another EU country. For non-EU students, an eSIM or roaming plan can be useful for the first days. You can then compare local SIM options once settled.

Do I need a Spanish bank account immediately?

Not necessarily; an international or European card is usually enough initially. Check fees, card limits, and whether your landlord requires a Spanish account before opening one. You will have to create a Spanish bank account for the mobility period, this will only be relevant at the end of the semester tho.

Can I reach out to my mentor?

Yes, you can! They can provide you with guidance in this demanding time period. Before arrival, share your arrival date, approximate arrival time, your address (permanent or temporary), and any practical concern you would like support with.

What should I do if my flight is delayed or cancelled?

Try to book your flight on a date that allows for some time buffer in case of unplanned events. If problems occur, inform your accommodation contact and mentor, keep airline and travel-insurance details available, and book safe temporary accommodation if necessary.



In case of a serious issue that prevents you from arriving on time, speak to the coordination team of the master, so they can manage administrative steps and support you. You can also consult your mentor if needed.

Arriving to Valencia

TRANSPORT



How can I get from the airport to the city center?

The airport is roughly 10 km outside of the city centre and is well connected by public transport. Once there, you can ask at the information point too. But here are some of our recommendations:

- **Metrovalencia** lines 3 or 5 (brings you to the center of Valencia)
- **Taxi apps:** Cabify (download beforehand and see if your number works to activate the app), Free Now, Uber. *You can also ask someone in Valencia to do it for you.*
- Taxi, which you can pay card or cash in the taxis that are standing outside the airport

OUR ADVICE

Check out the routes and transport schedules on Google Maps, but better is to download the **EMT Valencia app**, which usually works quite well for an overview of public transport options and accurate timings. Also, try to download the offline map of Valencia in Google Maps just in case.

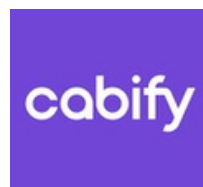
Buy **the SUMA 10** card at the Airport (zone +, A & B), which gives you 10 trips across all buses/metros.

NOTE THERE IS FREE INTERNET AVAILABLE ON THE AIRPORT.

Is it convenient to fly to Barcelona and get the train to Valencia?

Some flight connections do not allow you to fly into Valencia directly. However, the train connection between Barcelona and Valencia is well established. You can use the **Omio App** to check train/bus options and book tickets. If you feel comfortable, you can also download the **BlaBlaCar app** to travel cheaper and faster with another person who invites others to join for the car trip.

APPS TO DOWNLOAD



Arriving to Valencia

Your first 72 hours in Valencia

Day 1: Arrive safely

- Get from the airport to your accommodation → tips on how to get there on next page
- Let a trusted person and your mentor know you arrived safely.
- Buy water, food, and any immediate essentials.
- Rest—do not expect to solve every administrative task on the first day.

Day 2-3: Start settling in

- Explore the route from your accommodation to campus.
- Purchase or top up a transport card.
- Check that your room, keys, Wi-Fi, heating/AC, and appliances work.
- Take photos of the room and any existing damage when moving into a flat.
- Join the WOPPIE housing/mentorship WhatsApp group.
- Identify the nearest supermarket, pharmacy, metro/bus stop, and health centre.

During your first week

- Attend the programme introduction and Spanish course, if applicable.
- Ask about residence-permit steps, university platforms, and any required registration.
- Meet your mentor and agree on a comfortable way to communicate.
- Start looking for longer-term housing if you initially booked temporary accommodation.

If something goes wrong

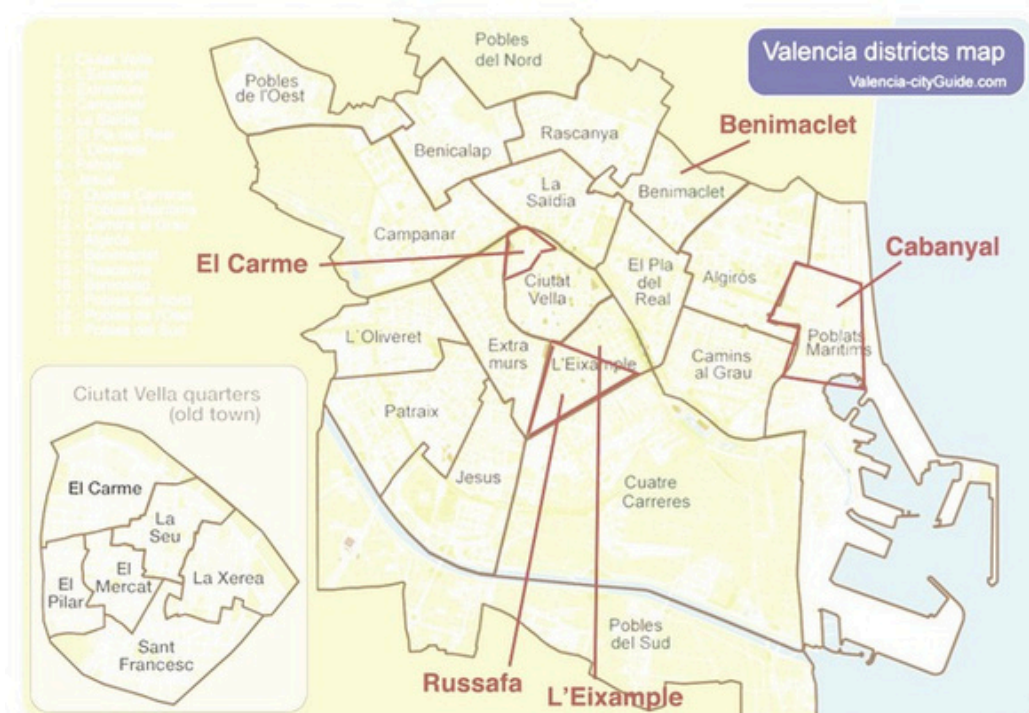


If you feel unsafe or experience an urgent health concern, contact emergency services on 112. If you have nowhere to stay or lose essential documents, reach out to the programme coordination team. Do not wait until the next day to ask for help.

FINDING ACCOMODATION

Renting a whole apartment, a room, or a long-term stay? In any case, using the internet is also one of the easiest ways to find a place to stay. We will walk you through the most common city districts for students, platforms, and recommendations for the search. The districts indicated with a red heart are the districts recommended for WOPP students as they are close to University, City Center, and are at a good price range

In which area should I live?



RUZAFa

Ruzafa (Valencian: Russafa) is the bohemian neighborhood of Valencia with modernist treasures. It is part of the district called l'Eixample. It is full of charming bars, fine restaurants, crowded terraces, trendy cafes, bookshops, flower shops, vintage clothing, and art galleries - a lot to explore. Its charme is also well connected to the public transport.



Ruzafa is your perfect place, if you like vibrant districts, Instagram-worthy outlooks and a hipster vibe!

LA SAIDIA

Just outside the old city walls, La Saïdia is located just north of the Turia river and the historic center of *Ciutat Vella*. It is a melting pot of past and present. The apartments in this emerging neighborhood are often larger and more affordable than in the so-called trendy neighborhoods.



La Zaida is for you if you want to live close to the university and the historical center at the same time!

FINDING ACCOMODATION

In which area should I live?

CIUTAT VELLA

Ciutat Vella is a 1000-year-old city district, and it is Valencia's oldest town district. It is divided into 6 boroughs: El Carme, El Mercat, El Pilar, la Seu, la Xerea, et Sant Francesc. Being the historical centre, it encloses many knot points of culture, history, and sightseeing such as the Main train station (Estación del Norte), the bullfight ring, Calle Colon, the Riu Turia and the Torres de Serrano. Its narrow cobbled streets are full of small cafes, artisanal businesses, tapas bars, and live music venues, but also historical remains and museums. The Valencian old town is a vibrant place, filled with life whatever time of the day.



Ciutat Vella is perfect for you, if you want to experience living history!



BENIMACLET

Having been a separate town before, the Benimaclet district keeps a village-like feeling with narrow streets and low buildings while at the same time is has a multicultural vibe where young students and old locals live hand in hand. You find many cafes and a lively small main square, where crowds of students and musicians gather on weekend evenings.



It is your perfect place, if you want to avoid tourist crowds, want cheap accomodation and enjoy street parties on the weekends!



PLA DEL REAL

Pla del Real includes the barrios of *Exposició, Mestalla, Jaume Roig, Ciutat Universitària*. The Viveros Gardens (*Jardines de Real*) separate these barrios from La Saïdia. Exposicio is a lovely area with many local shops and restaurants where you can relax in pavement cafes. Not far away is the barrio of Mestalla where the Valencia football stadium is located. The Avenida (Avenguda) Blasco Ibáñez is a very long avenue leading down to the maritime district and barrio de Cabanyal. The main University area (*Ciutat Universitària*) is at the top of this road, and as the name suggests, is full of universities, including our campus. There are also many apartment blocks, restaurants, bars, and nightclubs.



Pla del real is the perfect district for you, if you want to save money and time!

POBLATS MARITIMS

As the name suggests, the maritime neighbourhoods of Valencia include *La Malvarrosa, Beteró, El Cabanyal-Canyamelar, El Grau, and Natzaret*. Being located at the end of Avenida Blasco Ibáñez, the old fishing neighborhood of Cabanyal turned into a fashionable district and cultural melting pot in recent years. The city beach is reachable within a 5-minute walk, and the Valencian city center can take around 15-20 minutes by car. Keep in mind, however, that this district is not among the safest places; therefore, you should get acquainted with the district before moving there.



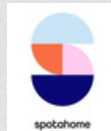
Poblats maritims is perfect you, if you prefer a maritim vibes over city vibes!

FINDING ACCOMODATION

Which platforms can I use to search for an apartment?

APPS

like the following provide extensive lists and filtering options. Be aware that flats here are mostly managed by agency and thus are accompanied by a agency fee.



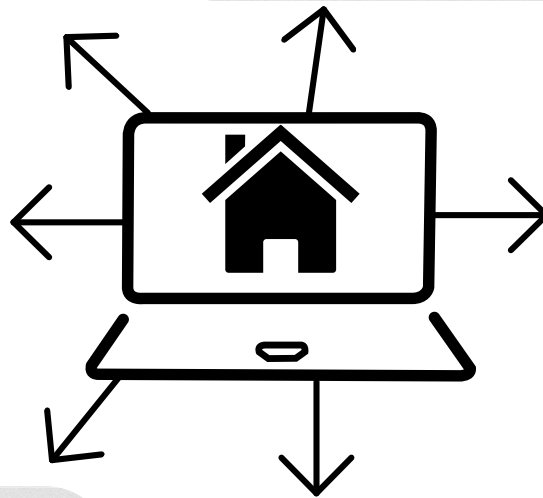
FACEBOOK AND WHATSAPP GROUPS

such as Erasmus Valencia or Rooms for Students VLC frequently post offers. Often students sublet their room, which is cost efficient and practical. Ask your mentor for further details.

BE CAUTIOUS WITH SCAMS HERE!

WEBSITES

such as Valencia Flats, Valencia Homes or Found valenica are all having comprehensive listings.



STUDENTS RESIDENCIES

A more expensive option that can be handy since it often includes a few services and facilities such as room service, laundry machines, study rooms, common area etc. A few options include: Livensa Living, Nomad Campus, Yugo Valencia and Uniscopio.

NomadCampus



WOPPIE HOUSING MARKET

As part of the mentorship program, we will create a WhatsApp group with 1st and 2nd year students to exchange information about accomodation.

EMILIANO

The organization assistant of the WOP-P Master, Emiliano Bressan, has a handful of contacts of local landlords. Be aware that some of them don't rent flats anymore.

FINDING ACCOMODATION

What is important to consider?

Do not just transfer money, but instead ask for all important information beforehand!

- Is the apartment fully furnished?
- What's included in the rental price ?
- Is there a heater in the apartment? An AirCon?
- How much are additional expenses (e.g. electricity) expected to be? Is there an agency fee?
- How much is the deposit?

Do not only contact via Messenger and English, but instead contact via whatsapp, call, and in Spanish!

Landlords usually do not check the incoming messages (e.g. idealista) regularly, and only a few speak english. Increase you chances by calling or texting directly and using google translate for communication.

Avoid Scam!

- Ask all important questions beforehand
- Ask for contact information from current tenants
- Do a videocall in the apartment
- Get an Airbnb for the first week and visits apartments in person

Be cautious with agencies!

Most apartments and rooms belong to agencies in Valencia. Be aware, that agencies might imply higher costs: agency fees, higher rentals, disguising important information or not returning the full deposit. Usually the agency fee sums up to a month's rent (usually around 300-400 euros). Calculate beforehand if it is worth to pay this fee in comparison to a non-agency flat with a higher rent.

Important note

Be aware that most Erasmus flat contracts are until end of January, since the new semester starts during this time. Your mobility semester will start at the end of February, so make sure you have a alternative for February or explicitly look for a flat until end of February.

Finding accomodation

Rental cost range

Budget (in euros per month)

200-300:



This range is more difficult to find, especially near the university or city centre. Expect a basic room in an older shared flat, often with several flatmates. Furniture may be functional but dated. Heating, air conditioning, good insulation, and modern appliances should not be assumed. Always check utility costs, as older flats can be colder in winter and less energy-efficient.

350-550:



This is the most realistic range for a private room in a shared flat. Rooms are usually furnished with a bed, wardrobe, desk, and chair. Flats may be renovated or partly modernised, and may include appliances such as a washing machine, dishwasher, heating, or air conditioning, but check each listing carefully. You will normally share the kitchen, bathroom, and living space with other students.

550-750:



Expect a larger or better-located room, a newer or recently renovated flat, fewer flatmates, or a room with a private bathroom. Bills may be included, but this should always be confirmed. This range can also include student residences or professionally managed accommodation with additional services.

750-1.100+:



A studio or one-bedroom flat is possible at this price, particularly farther from the centre or university area. Especially in student residences, services such as laundry machines and room service are often included. Newer studios and centrally located apartments are usually at the higher end. Check whether utilities, Wi-Fi, cleaning, and agency or booking fees are included.

Cost to plan for in addition to rent

- Deposit: commonly one month's rent; ask when and under what conditions it will be returned.
- Utilities: electricity, water, gas, Wi-Fi, and sometimes community charges may be extra.
- Agency or platform fees: may apply, particularly through agencies or short-term housing platforms.
- Upfront costs: you may need to pay the first month's rent plus deposit before moving in.
- Household items: bedding, towels, kitchen basics, and cleaning supplies may not be provided.

Living in Valencia

COSTS OF LIVING

What are the expected costs of living?

Valencia can still be an affordable student city, but housing prices have increased in recent years. Your monthly budget will depend mainly on your rent, whether bills are included, how often you eat out or travel, and your social habits. Below is a example calucation that you can consider:

Monthly expense	Budget-conscious	Typical student budget	More comfortable lifestyle
Rent in a shared flat	€300-350	€350-550	€550-750+
Utilities and Wi-Fi*	€30-50	€40-70	€50-100
Groceries	€150-180	€180-250	€250-320
Transport	€15-25	€15-40	€20-50
Phone, toiletries and household items	€25-50	€40-80	€60-120
Cafés, eating and going out	€50-100	€120-220	€250-400+
Estimated monthly total	€600-755	€745-1,210	€1,180-1,740+

*always check whether bills are included in your rent and whether there is a maximum consumption limit.

Living in Valencia

COSTS OF LIVING

Memorials from first year students

Second Year student 1:

During the first semester, I did not cook too much, loved getting lunch at the cafeteria, and would not say no to fancy study dates that involved higher-priced snacks and pretty chai lattes. During my (little) free time, I went to a few parties, loved going for a couple of drinks after class, and every now and then spoiled myself with higher quality wines in Russafa. I have a quite expensive hobby (when did shooting film cost as much as a gym membership in a 5-star establishment per month????). I used Yego but rarely any other type of public transport. I lived in Russafa and paid 380 Euro (including everything per month. So, for me it was 1000 Euros per month - round about :)

Second Year student 2:

Last year, my budget was around 1000 per month. My main expense was probably in the cafeterias, because I spent a lot of time there studying, and when I'm there, I generally keep ordering little things all day long (but for me, it's worth it). I always cooked when I was at home, but you have to consider that I like to eat well and that I generally do not economize on the quality of what I eat. In any case, I never had to say no to a dinner or to drink outside with friends. This budget also includes many weekends outside Valencia and some little day-trips.

Second Year student 3:

So for me, the budget was around 700-750 (my rent was 433) tbh as I aimed to save 250-300 every month to go do day trips and a Christmas trip outside of the country. But that was only because I don't party and drink at all 😊 . Plus, I lived with two of my friends, and we used to split the basic groceries and make food together at home, so that was really helpful with expenses. But at the same time, we used to eat out a lot, go shopping, and spoil ourselves with coffee/snacks lol. Also, I lived in La Malvarossa, which is a comparatively cheaper neighborhood. Overall good thing is that groceries are not expensive in Valencia (buy from Mercadona/Consum) so if you control your expenses, you can live really well.

Living in Valencia

COSTS OF LIVING

How can I cut costs while in Valencia?



Use student discounts!

For example, in museums (bring your enrollment/student card within the UV app). Get an Erasmus Students Network (ESN) Card, they offer cheap trips and discounts on nightlife etc. Also download the UV app which offers discounts for UV student too.



Live in cheap student areas

For instance, Pla de Real or Benimaclet. Share a flat and check whether utilities are included.



Avoid eating out a lot!

Instead, use the UV cafeteria, buy something from Mercadona or bring your own food! You will even find some microwaves on campus to warm up your lunch.



Download the app >> To good to go!<< on your phone

.. and find bakery's or restaurants nearby selling what they could not sell during the day for little money.



Buy secondhand!

Buy household items, furniture, and clothes second-hand through the app "Wallapop" or local thrift shops, mainly located in Ruzafa.



Use cheap transportation

Use public transport, walk, or cycle rather than relying on taxis and scooters.

Living in Valencia

WORKING

Can I find a students job?

Honestly, the first semester is very demanding. (We mean it!) Some of us had a side job but decided to quit it, due to the workload. If you still consider getting a job, there are several mini job listings (i.e., Indeed). However, keep in mind that you will probably need to be able to speak Spanish fluently most of the time. Another option might be an online job that you organize with your home country, such as becoming an online language teacher.

Our advice, however, is to wait for the 2nd or 3rd semester before getting a side job, once you are settled and have a better impression of the master's as well as the workload associated with it.



Living in Valencia

PUBLIC TRANSPORT

How can I get around in the city?

In every tobacco shop, or around the Metro tram stations, you can get a card (valid for both bus/metro) that you can top up. There are different subscriptions, but we recommend the SUMA10.

PLEASE KEEP IN MIND WE WILL SHARE MORE DETAILS ON HOW TO GET A RATHER PERMANENT CARD LATER, AS RECENTLY THERE HAVE BEEN SOME CHANGES IN REGULATIONS. Nonetheless above works perfectly fine too.

How else?

- **Metro Line** > Download the EMT Metro Valencia app (Google Maps also works perfectly fine, but EMT is more accurate and updated)
- **Bus routes**
- **Valenbisi** (a public bike rental system), you will need to buy a subscription on the app, which is around 30 euros/year (Valenbisi app)
- **Yego** (it's a scooter app that allows you to rent scooters in the streets if you have a driving license)
- **Cooltra** (same as yego)

IMPORTANT

If you are a non-European, your driving license is not valid until you exchange it for an international driving license.

Is it recommendable to buy a bike?

You can :) Sometimes there is a problem with parking the Valenbisi and you need to go around to find a stand so its convenient if you have your own bike. However, it is VERY likely that your bike will get stolen, especially if it's pretty. Usually, the other forms of transport are enough to get around to avoid this incident. If you still decide to buy one on your own, buy good lock or two and either bring it inside to your apartment or basement or otherwise park it in trustworthy areas (e.g. in light streets like Blasco).

Living in Valencia

HEALTHCARE

How can I reach a doctor?

In Spain, the public health system works relatively well. Throughout Valencia, many "Centro de salud" can be found. You can also ask the WOP-P coordination team (Emiliano and Magdalena) for more information and how to find out which Centro de salud is responsible for the district where you live. Always keep your insurance details on you. Also, in many cases, you will have to pay yourself first and then get it reimbursed.

Do I need to make an appointment beforehand?

You can make appointments online, but you can also just go to your centro de salud and present your insurance card. You will need a SIP number, which you can get at the centro de salud, too.

Are there doctors speaking English?

As you will learn throughout your stay in Valencia, only few people speak English fluently. If it is an urgent matter, we advise you to ask one of your classmates or your mentor, who speaks Spanish, to come along. There are also specific health centers for internationals, but these usually charge more money.

We recommend thoroughly going your insurance documents and terms & conditions to know whats covered and whats not. You can make claims on the AON portal for reimbursements by uploading the proof of visit and prescriptions.

Living in Valencia

LEARNING SPANISH

Do I need to learn Spanish or Valencian to get around?

It is useful to know *Spanish* as it will help you to integrate with the Spanish community. BUT! You don't really need it because the city is very international, as there are a lot of Erasmus students. Don't expect everyone to speak English, though; in other generations, it is not that common. Basic Spanish will help you in coffee shops or restaurants when the employee doesn't know English. Also, all *Valencian* natives, even though they might prefer to speak it, especially in rural areas, speak fluent Spanish, so with Spanish you will get around easily!

Is the university intense language course useful?

Every year, in September, the WOP-P Master offers to new students intense Spanish course. It helps to get basic knowledge, especially for those who do not have any pre- knowledge. If you arrive early to Valencia and find the time, it is very recommendable. Also you can already meet some of your fellow classmates.

Where can I find additional Spanish courses?

With WOP-P program it is difficult to enroll in a regular Spanish course because they usually start while we are still in the lecture. However, every year the language schools have new programs so the best way is to Google it :)

Are there possibilities to improve my Spanish in my freetime?

In class there is almost zero Spanish, so you need to create an environment to practice. For instance

- Find apartments with Spanish natives to keep practicing everyday
- Use language learning apps (e.g. duolingo, babbel)
- Language Exchange bars (Bigben, Atic Rooftop Palao Alameda, Vels i Vents etc.)

Living in Valencia

CULTURE

What is the local food culture like?

Paella, paella, paella. That sums it up pretty well, we think. The delicious rice variations are strongly connected to the region; however, bear in mind that it is mainly a lunch dish. Lunch is usually around 2 pm, while dinner can be from 8 to 10 pm. Of course, tapas are also very common. It's lovely to go out with a group of friends, ordering several tapas, such as patatas bravas, jamon, calamares, tortilla de patatas, croquetas....

For breakfast, you will see many people sitting in bars having tostada con tomate with a café con leche – a perfect start. Get ready to dive into a new food culture, indulge in it, and be ready for five meals a day hahah!!

Don't worry too much if you are eating vegetarian/halal/kosher. Although most Spanish food has meat, you can still enjoy a vegetarian menu, which is available almost everywhere. Also, there are a lot of halal restaurants and grocery places (Taj Mahal, Arabic carnicerías, etc.). Mercadone/consum also has a lot of options.

How can I keep up to date with cultural events?

ESN is one of the biggest student organizations meant for international students. You can follow them on Instagram at esnenuv and esnvalenciaupv. It is a great way to meet other international students as well. Besides ESN there are other student organizations that organize trips or other cultural events, such as @erasmusmundovalencia, @erasmuslifevalencia

As of Valencia, you can look into Fallas and St. Juan's, which are big national holidays. They are held respectively in March and June. Fallas is a holiday, where all over the city, artists build sculptures out of paper, plastic, wax, and wood, and on the last day of the holiday, they set them on fire with a fireworks show.

Several dances are very popular in Spain: Bachata Sensual, Salsa, and, of course, Flamenco. While Bachata and Salsa are more of a social dance, Flamenco is a beautiful dance to watch in designated bars. If you'd like to try out dancing Salsa and Bachata or see what this Latin social dance in practice looks like, check out bars such as Azucar, Moon, Madison, and see on Facebook Noches de Bohemia and Salsero. They also have crash courses in the beginning of the party, so don't worry you can still learn the basic steps.

Our recommendation: Follow @valenciasecreta on instagram to keep up to date with cultural events!

Living in Valencia

TRAVEL

Do I have time to travel around? Is it allowed by our program?

To be completely honest with you, you do not really have time to travel around much during the semester. The first semester of the program is very demanding, and you could use the weekends to travel if you have finished your assignments on time. ***Be aware that the Master is a "full-time" master, and even if the schedule has indicated online or "self-study classes," you still have to be in Valencia per the university contract.*** If you need to skip a class ask the coordinators for permission beforehand, these are usually granted if you need to travel for medical reasons or serious private reasons.

If you want to make a longer distance or duration trip, you can do it during Vacations or holiday periods (there are quite a few). Here, we recommend cheap airlines (Ryanair, Wizzair, Eurowings, Vueling), car sharing (BlaBlaCar), local buses or trains (apps: Omio, Alsa or Renfe).

How to travel around Europe ?

If you'd like to travel with other people, you could book a day trip or a longer trip with the student organizations that are mentioned in the previous sections. (ESN/Erasmuslife)

However, if you'd like to organize your own travel, you can use cheap airlines such as Ryanair, Eurowings, Vueling, or train (apps: Omio or Renfe). If you have acquired the ESN membership card, not only will you have the trips organized by the organization discounted, but also, it usually gives you a discount for Ryan Air and Flixbus (An international Bus company with cheap trips).

For your summer, there is a possibility to buy a train ticket that allows you to travel with an indefinite number of trains all over Europe, called Interrail.

To look for accommodation, check out websites such as **Booking.com** or **Airbnb**, and if you don't mind sleeping in hostels, look into **Hostel World** for good hostels at good price points. (cheap and amazing!!)

So if you plan your travel, you can use trains, Buses, and Airplanes to change countries, look for the best suited option. Use Omio to compare :)

Living in Valencia

STUDY SPOTS

NEAR THE SCHOOL

Campus Library

Joan Lluís Vives (School Library)

Navel Brunch & Coffee

beGreen Salad Company

Bastard

Maybean

Savory Acai House

Panaria (all around Valencia, one just outside campus)

OTHER AREAS

Bastard

Ubik Cafe 

Café ArtySana

Bluebell Cafe

Café Madrigal

Living in Valencia

SPOTS FOR GOING OUT

Restaurants

Tanto Monta

TKO tacos (all around Valencia)

Mercat Central

HUNDRED BURGERS (all around Valencia)

Mercader Cabanyal

Amazing Mota Buffet

Voltereta|Valencia (different styles across Valencia)

Bars

Most 4 food

Café Berlín

Bola en Mano: Coctelería

Apotheke

La Finestra

Clubs

Comitee

Rumbo 144

Marina

Akuarela

Umbracle

Spook

Tip: Use Erasmus Life to get weekly free tickets or discounts for most of the clubs on the weekend. Be quick tho, since they are booked out quickly

MEET THE 2026 COORDINATION TEAM

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VNIVERSITAT
ID VALÈNCIA

WOP-P
PEER MENTORSHIP
PROGRAM



Is there anything that is still missing from this booklet?

Or anything you would like to know additionally?

We are happy to hear from you. You can easily reach us
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SEE YOU SOON!